



# Breaking Weight Bias, Press release 3 - March 2022

#### What has been done?

### **IO1 - The Breaking Weight Bias training course**

The Breaking Weight Bias **training course is the core of the project** and it aims to offer valid training content to healthcare professionals in order to provide their patients with the best support possible by **challenging** their weight bias.

A lot has been going on lately! After the preparation of the methodology and curriculum, the partners developed the training content based on scientific research, which is targeted at the selected group. After in-depth analysis and internal review, the training content is now almost ready for online implementation.

Find out more about the modules in our latest **infographic** and **newsletter**!

## **Breaking Weight Bias Youtube channel**

Our project has its own Youtube channel, where a **promotional video** has been uploaded to support the process of identifying needs and building awareness of the emerging results in the project.





#BreakingWeightBias

**Project number:** 2020-1-UK01-KA204-079106

**Implementation period:** 01-12-2020 - 30-11-2022



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### **Online partner meetings**



The project partners meet regularly online to report on the tasks accomplished so far and to determine the next project activities.

We will now work on the implementation of the **online training content**, as well as the **online meeting place** (Breaking Weight Bias Academy), where users from all over the world can communicate, exchange ideas, share best practices. The BWB Academy has the chance to become a huge network increasing the impact of the project.

### Stay tuned and follow our hashtag #BreakingWeightBias on social media!



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